



PRESS RELEASE for Celebrate Rescue Dogs in May

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Celebrate Rescue Dogs in May

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Who doesn't love dogs? They provide love in its purest form, and so every year on May 20th, we celebrate National Rescue Dog Day. The aim is to bring awareness to the countless number of amazing dogs in shelters and rescues around the country who deserve a second chance at a forever home. There are so many reasons to adopt a rescue dog, whether it's a mutt or a pure-bred dog.

We all know that dogs make wonderful family pets and are incredibly resilient. But rescue dogs are capable of so much more. With training, they can help people with disabilities become more independent, provide immeasurable comfort to the elderly, therapy to those in hospitals and care homes, and listeners for kids in schools practicing reading out loud. The possibilities are endless. Studies have shown that dogs help relieve anxiety, depression, and even PTSD. Above all, rescue dogs are desperate to be your loving friend, and you won't find a more loyal, worthy companion.

If you have space and ability to adopt a rescue dog, you won't regret it. Check out your local shelter and/or animal rescue to save a life. Maybe you can't adopt a dog permanently but could provide a temporary home for a rescue dog. Many do better and thrive away from the shelter and others may need some medical care or rehabilitation in a home setting before being adopted. This option can also help you determine if you are ready to adopt a rescue dog and make the commitment for the whole of its life.

Shelters and rescue groups are always in need of those who can help with walks, grooming, and play time with dogs to improve their socialization. Most also have wish lists of much needed items such as blankets, toys, treats, and leashes. You can host a bake sale, car wash, or other event and donate the proceeds back to the shelter.

If you already have a rescue dog, one way you can help celebrate is to share a photo of your rescue dog on social media by using #nationalrescuedogday. Explain what makes your rescue dog special to inspire others to adopt! Treat your dog for a walk, treat, new toy, or extra cuddles. Be responsible for your dog and have it spayed/neutered. Overpopulation is the number one reason shelters exist.

Rescue dogs provide unconditional love and so many other benefits in your life. Let's celebrate them on May 20th with adoption, volunteering, and raising awareness of their wonderful companionship